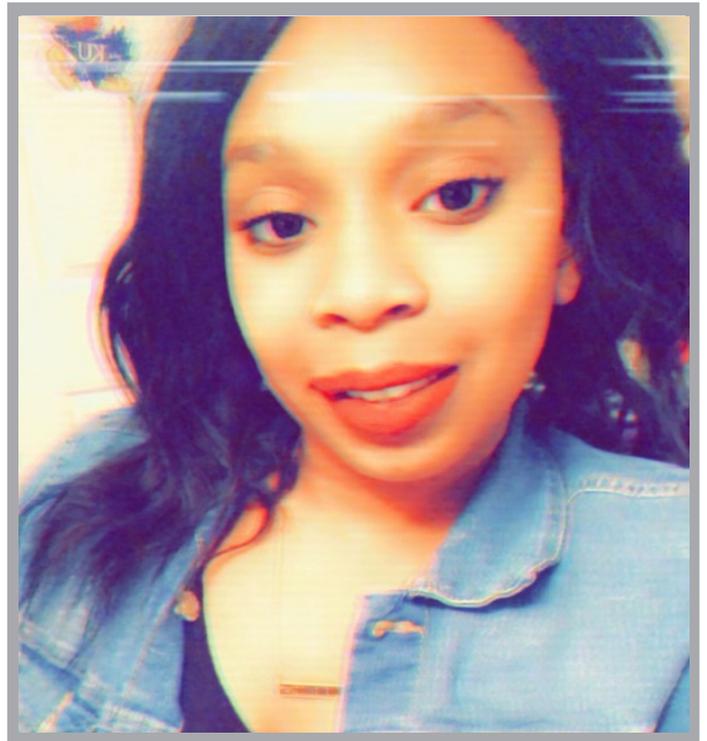


# TEAM MEMBER SPOTLIGHT

## Osheuna Parker

Food & Nutrition Services - Aide



### #1 Tell us a bit about your job.

I work as a FNS front-line grill person. I have a new-found passion for cooking that I didn't have before I started this job. I like to learn different cooking techniques. This job has pushed me to step out of my comfort zone and become more of a people person. I also like to motivate other people to do better and put a smile on their face if they're having a bad day. I want everyone to feel important, that's why I take the time to remember names and orders. I'm really outgoing now and I like to be around people. Every day is a different adventure!

### #2 How long have you worked at SWMC?

3 years, I started in 2018 as a tray aide and soon transitioned into the role of aide/grill cook.

### #3 What is the most rewarding part of your job?

As a grill cook, I get to see a lot of different people come through my line. I love to hear people tell me about their day. It's the small gestures that truly make a difference in someone's day. You should always be kind because you never know what battles someone may be facing.

### #4 What is one accomplishment, personal or professional, that you are most proud of & why?

When I started at SWMC, I was shy and very reserved. As I've grown, I've overcome my reservations and found my voice. I was bullied a lot throughout school and that caused me to keep to myself. As I have been able to get to know people here, it has helped me step out of my comfort zone. I genuinely enjoy getting to know our employees and visitors and building those relationships.



**Born & Raised:** Liberal, KS



**Nickname:** Oshe



**Favorite Food:** Chicken - all kinds of chicken!



**Hobbies:** I love spending time with my family, especially my nieces and nephews, & of course, my bestie.



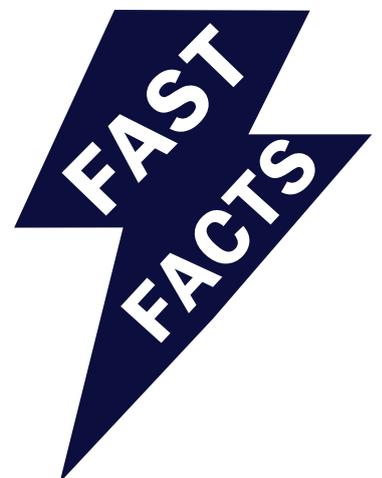
**Favorite Artist:** Ann Marie & Cardi B



**Quote that best describes your personality:** Very friendly & outgoing



**Random Fact:** Being bullied throughout the majority of my life has inspired me to always respect others & be kind.



June 2021